

# The Nurturing Father's Program

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## Teaching Men Nurturing Skills: NFP Facilitator Training

9:00-9:15	I	Trainer Introduction Participants' Introductions Overview of Training Outline
9:15-9:45	II	Fathering His-Story <ul style="list-style-type: none"><li>• Activity: NF Journal (page 3)-chart</li><li>• Men share first, discuss.</li><li>• Women share value of father's participation, ect.</li></ul>
9:45-10:15	III	How Parenting is Learned (handout) <ul style="list-style-type: none"><li>• Process → Product</li><li>• Development of the Self (Link to Nurturing Programs)</li><li>• Re-parenting experience</li><li>• Define "Nurturing Father"</li></ul>
10:15-10:30	<b>Break</b>	
10:30-11:15	IV	Visualization: My Father and Me (for men/women <u>without</u> fathers: either a male role model <u>or</u> meaning of <u>absence</u> ) <ul style="list-style-type: none"><li>• Small group sharing (4-5 each)</li><li>• Large group-discuss common themes</li><li>• Cartoon – Save some, Throw some away, ect. (handout)</li></ul>
11:15-12:00	V	The Power to Nurture: Power-over vs. Power-to (handout-wk 5) <ul style="list-style-type: none"><li>• Male/female roles defined (control, anger)</li><li>• Challenge: Can I Lead Without Fear or Violence?</li><li>• Power-over vs. Power-to</li><li>• Review Format of NF Manual (week 5)</li></ul>
12:00-1:00	<b>Lunch</b>	
1:00-1:45	VI	Panel: Men Who Have Participated in NFP <ul style="list-style-type: none"><li>• Question and Answer</li></ul>
1:45-2:30	VII	Experiential Learning Model <ul style="list-style-type: none"><li>• Nuts and Bolts (for facilitators)</li></ul>
2:30-2:45	<b>Break</b>	
2:45-3:15	VIII	Discipline: Team Sports as a Model (handout week 7)
3:15-3:45	IX	NFP materials, evaluation tools, ect. (Parent Learning Profile) Practical Questions, recruitment strategies Workshop Evaluation
3:45-4:00	X	Visualization: The Nurturing Father (audio tape)